



St Luke's Hospice

NEWS

SPRING EDITION 2009

SPECIAL THANKS

Thank you to our donors and loyal friends for supporting the work of St Luke's Hospice.

Special thanks to Club 2000 members, Patron Circle donors, R1m draw entrants, Cellars Hohenhort, Sandown Motors & Mercedes Benz Financial Services, Amanda & Richard Power, Iqraa Trust, Grand West, Aspen Pharmacare, Absa, Acsa, Pres Les, Cape Union Mart, Australian Embassy, Nampac, Trecor, MTN Foundation, Clicks Foundation, Old Mutual and of course all of our loyal volunteers and those who have supported us over the past year!



YOUR MYVILLAGE CARD CAN MAKE A DIFFERENCE

A really easy way to help us is to add St Luke's Hospice as a beneficiary to your MySchool or MyVillage card. This programme gives you the opportunity to support St Luke's Hospice whenever you swipe your card at Woolworths or any other of the 2500 participating businesses. Between 1 and 5% of your purchase will be donated to St Luke's Hospice – at no extra cost to you!

To request an application form, or to find out where you can swipe your card, contact Alison Burton on 021 797 5335 / 082 832 7140 / Fax 021 761 2938 or go to www.myvillage.co.za

DATES TO DIARISE

Sunday 27 September 2009:
The Connolly Big Band Concert at Wynberg Sports Club

Saturday 24 – Sunday 25 October 2009:
Open Gardens at the Cellars Hohenhort

Saturday 5 December 2009 (09h00 – 13h00):
Morning Market – St Luke's Hospice, Kenilworth

Sunday 6 December 2009:
Lighting of the Tree Celebration – St Luke's Hospice, Kenilworth

Sunday 14th February 2010:
Valentine Picnic at Buitenverwachting Farm, Constantia

Friday 19th March 2010:
St Luke's Hospice Golf Day, Mowbray Golf Club. We are looking for golfers to play in our annual golf day so please contact us to book your 4-ball.

March 2010:
Street Collection (Please contact us if you are willing to hold a tin in your area for an hour or two)

March 2010:
Argus Cycle Tour
We are looking for keen cyclists that would like to help us raise money and ride in the St Luke's Hospice team.

April 2010:
St Luke's Hospice Race Day, Kenilworth Racecourse
Contact us should you wish to buy tickets for this fun event. Fabulous prizes to be won!

For more details on these Special Events phone Megan Engelbrecht on 021 797 5335



MILLION RAND DRAW

Well done to our extraordinary telefundraising team who brought in over R2 Million for our Million Rand Draw this year!

The draw took place on Friday 12 June at St Luke's Hospice in Kenilworth. We were lucky to have friend of St Luke's Hospice, the talented Aviva Pelham, as our guest speaker.

Thank you to all our donors who made the draw a success and to all our sponsors who provided cakes, tea and coffee and décor for the event.

CHRISTMAS CARDS
Please support St Luke's Hospice by purchasing Christmas cards this year! Contact Pam Bosman on 021 797 5335 or visit www.stukes.co.za to see the cards on sale.



TELEFUNDRAISING TEAM



A WILL TO LIVE

David, a loving husband and father of two, was just 32 years old when he was first referred to St Luke's Hospice. He had been diagnosed with a brain tumour, and after numerous surgeries and radiotherapy treatments, the medical team predicted that he did not have long to live.

Unfortunately, David's treatments had left him with permanent physical disabilities – including an ataxic gait and a speech impediment, and when nursing sister Jeanette met David, he was extremely frail. But, despite the doctors' reports, David was determined to get better.

St Luke's Hospice shared in David's determination, supporting him constantly and offering our services at the local community hospice which he attended every week. Not only did we

care for David's physical well-being, but we also tried to help out in the other aspects of his life as well...

The volunteers who fetched David for Daycare noticed his driveway wasn't paved, which made it very difficult for him to walk. Going above and beyond the call of duty, our volunteers arranged to pave his driveway – something which has made a massive difference to his every day life.

With David's tenacity and strong faith, he has since been cleared of cancer and is currently doing very well. He and his family however, still have to deal with the after effects of the cancer. Although there are still ongoing struggles, David remains positive as he prepares to integrate into the 'normal world' again.

David overcomes his illness

TREE OF LIGHTS

Every year, we at St Luke's hold our Tree of Lights campaign – a pledge that gives families, friends and companies the opportunity to donate a "light" in memory of loved ones who have passed away.

The campaign runs from June to December and this year we need to bring in R1.3 Million. Currently, our wonderful telefundraising team has brought in over R300 000, but there is still a long way to go...

If you can help us, or if you would like more information, please contact Colleen Zaayman on (021) 761 1700

CHARITY SHOPS

Our two charity shops rely heavily on donations from the public, companies and schools. So, if you have any clothing, books, bric-a-brac or furniture, St Luke's Hospice would love to put anything you no longer need to good use. All donations can be delivered to our shop at St Luke's Hospice in Kenilworth or our warehouse in Garfield Road, Kenilworth. We will also gladly arrange to collect items should you not be able to bring them in yourself.

For more information, please contact Fazlin or Juanita on (021) 761 1700



Valda Sobotker of Wynberg Community Hospice, receiving her 10 year badge from St Luke's Hospice Chairman Eddie Cyster.

VOLUNTEER STORY

The St Luke's Hospice volunteer's tea was held on 6th June 2009 at St Luke's Hospice in Kenilworth. This function is held annually to thank our loyal volunteers for their support and to honour our 10 and 15 year volunteers with long-service awards.



SAB HOME-BASED CARE COURSE LEARNERS

SAB SPONSORS HOME-BASED CARE TRAINING

SAB sponsored a 3 month home-based care training programme held from March to June 2009. A group of 30 learners from Mitchell's Plain, Phillipi, Gugulethu, Langa and Khayelitsha attended – and achieved excellent results.

in order to prepare the learners for the world of work. To further prepare the learners for their new careers, SAB generously supplied a “starter kit” consisting of hand cream, hand disinfectant, disposable gloves, anti-TB masks, disposable aprons and soap.

This training combines aspects of Health promotion, care skills and palliative care – enabling the trained carers to be employed in their own communities with Government-sponsored HBC organisations, institutions and the homes of individual employers, where there is a need for care of frail, ill or disabled patients.

The certificate awards ceremony was a celebration where the learners got a chance to “show off” their health promotion knowledge, using posters they had created, action and song. The learners expressed their appreciation for the course, and we, in turn, for SAB's sponsorship, which made the programme such a success.

The learners get real hands-on experience as half of the course is spent in Hospice and the other in ward settings. Good attendance and punctuality is emphasised in the training

Mary Warder – HBC tutor
Margot van der Wielen – Education Manager,
St Luke's Hospice

ST LUKE'S HOSPICE BOOKSHOP

St Luke's Hospice Bookshop has managed to raise R180 000 in the past year which we've put towards improving the lives of our patients! Please come down to the shop to donate your old books and get something new to read – and help us help others!

We are open Monday to Fridays 12h00 to 16h00 and 10h00 to 13h00 on Saturdays.
Happy reading!

ST LUKE'S HOSPICE ONLINE AUCTION SITE

Shop from your seat and not on your feet

Now you can buy what you want and give to a worthy cause at the same time. What better way to shop? Get something for yourself and give to someone else. Log onto <http://auction.stlukes.co.za/auction/> and get in on the action at the auction.

For more information contact Colleen: 021-763 3155 or Joy: 021-763 3154

DO YOU NEED HELP CARING FOR AN ELDERLY OR SICK PERSON?

Let one of St Luke's Hospice highly trained carers look after your loved ones in their own home. Our carers will make sure that your frail or ill friends and family receive the best care possible.

Contact Olwyne or Megan on 021 797 5335 should you wish to employ a professional home-based carer on a short or long term basis.

CHANGES FOR THE BETTER

Training

Michael and Tola have joined the Finance department as Learners on a disability grant and we hope this vital hands-on experience will help them acquire a permanent job. We also intend to start a similar programme for our gardeners and believe that some formal training will open up a world of possibilities for them.



We're also in the process of making our Finance Department's dealings as transparent and accountable as possible to our beloved Donors – the lifeblood of our organisation.

Should our Donors have any concerns or suggestions they are welcome to contact us on 021 797 5335.

THE FINANCIAL REPORT

Pre- Audit income for the year ended March 2009 (before bequests)

Our income rose by 14% to R20.8 million.:

2000 Clubs	R 3.4 m
Corporates and Trusts	R 3.8 m
Telefundraising (Lights/ Auction and Million Rand Draw)	R 3.9 m
Government Funding	R 2.9 m
Events	R 1.2 m
Direct Mail	R 0.7 m
Branch Support	R 0.6 m
Shops	R 0.5 m
HPCA	R 0.5 m
Patients medical aids	R 0.9 m
Education	R 0.3 m
Other interest/IMO/sundry	R 1.3 m
General donations	R 0.8 m



'THE OASIS' AT ST LUKE'S HOSPICE

SPIRITUAL CARE STORY

Sounds of Jazz

Reverend Peter Fox

The concept of a fundraising jazz afternoon was originally the initiative of a patient of ours, Vincent Kolbe, who wanted to give something back to St Luke's Hospice. And indeed he did – over R6000 was raised in one afternoon! This year, Don Cartner and Harry Peacock and friends took over the event, which was once again a great success.

Times are tough financially but the selfless generosity of volunteers, patients, staff and the public gives us the motivation to keep on serving the people of Cape Town at the highest level possible. Often the charge against spiritually minded people is that they are so spiritual that they are of no earthly use. Today we stand amazed at what compassionate and kind people can accomplish.

Visit the virtual home of the spiritual care team of St. Luke's Hospice
<http://sites.google.com/a/cuspcode.net/spirit-cares/>

MESSAGE FROM THE CEO'S DESK

If there's one thing we at St Luke's have learnt, it's that times aren't always easy and this year we've had to say goodbye to a number of our longstanding friends, volunteers and colleagues. We honour their memories and they will be missed by the people whose lives they've touched.

Unfortunately, two of our senior nursing staff members are also seriously ill and this has had a negative emotional impact on our staff as we once again realise that we are all just vulnerable human beings. We hope their health improves soon.

On a more positive note though, two new departmental heads were appointed – Muriel Stevens as Counseling Manager and Stephen Green as Finance Manager. We welcome them on board and trust that their stay with us will be long and mutually beneficial. We would also like to congratulate Jeanette Daniels and Neerasha Naidu on their promotion to more senior positions.

In other good news, our recent Job Evaluation and Grading process has given us a framework to fairly evaluate jobs within the organisation. St Luke's salaries were compared to those offered by the State, other NGOs and private companies and this information will allow us to get salaries in line with industry standards.

We're also pleased to report that our partnership with Hospice of Michigan is growing from strength to strength. Not only have they established a committee to assist us with fundraising activities, but we have already received two donations from them – the latest to the value of R35 540! They have shown great interest in our HIV/AIDS work so their donations will be used to support our home-based care givers who work with these patients. We would like to thank Hospice of Michigan for their invaluable support.

I would like to once again thank all our Board members, staff members and dedicated volunteers for their hard work and commitment to what St Luke's Hospice stands for. I am proud of the fact that we can still maintain the high standard of care that we are known for, despite the difficult financial times that we face.

I realise that this level of commitment often come at a high personal price, which is not always acknowledged – so thank you all for your selfless dedication!

Priscilla Nelson
CEO

HEART IN THE HOME TINS

Please send your Heart in the Home Tins back to the Hospice to be counted. We are so thankful for your support!